We Accept Most Insurances

Aetna
Blue Cross Blue Shield
Cigna
Medicaid
United Healthcare

And more!

Why Clients Choose Serenium

✓ Most Insurance Plans Accepted, Including Medicaid

✓ 5 NJ Locations + Virtual Therapy

✓ Children, Teens & Adults

✓ Medication Management Available

✓ Bilingual Therapists Available

✓ Evening & Flexible Appointment Options

✓ Compassionate, Personalized Care

Getting Started is Easy

- Contact Our Team
- Verify Your Insurance
- Complete Your Intake Forms
- Begin Therapy

Contact:
- outreach@sereniumwellness.com
- (732) 335-7330

How We Can Help

- Anxiety
- Depression
- ADHD
- Trauma & PTSD
- Family Challenges
- Relationship Concerns
- Stress & Burnout
- Life Transitions
- And More!

serenium®

therapy & wellness

120+ Clinicians | 5 NJ Locations | Virtual Care | Most Insurance Accepted | Ages 5+

As seen in:

the knot · verywell mind · Oprah Daily · GOOD HOUSEKEEPING · healthline · yahoo!

sereniumwellness.com

Locations

Brick
Cranford
Eatontown
Hackensack
Manalapan
Virtual

Cherry Hill & Clifton Coming Soon!

Connect with Us

(732) 335-7330

outreach@sereniumwellness.com

Therapy for Every Stage of Life

Children
- **Behavioral Concerns**
- **School Challenges**
- **ADHD**
- **Anxiety**

Teens
- **Anxiety**
- **Depression**
- **Social Pressures**
- **Academic Stress**

Adults
- **Relationships**
- **Career Stress**
- **Life Transitions**
- **Trauma Recovery**

Families
- **Communication**
- **Parenting Support**
- **Family Conflict**

Our team of 120+ therapists and psychiatric providers delivers evidence-based outpatient mental health care for children, adolescents, and adults across New Jersey.

Our Services

- **1 on 1 Therapy**
- **Couples Counseling**
- **Family Therapy**
- **Genetic Testing & Medication Management**
- **Kid & Teen Therapy**

Serenium provides outpatient therapy and psychiatric services for children, adolescents, and adults across New Jersey. We help individuals manage mental health concerns, life transitions, relationship challenges, trauma, behavioral issues, and emotional wellness needs.